



# Welwyn St Mary's Primary School Believe and Achieve



## Year 5 cricket

### Key Knowledge

Learn these key facts—key points in red

#### Overarm Bowl



Different to throwing. The **arm must be kept straight** up to 15 degrees and exceeding this results in a throw. The bowler's arm is **above shoulder height**, is a much faster way of bowling and is the 'legal' bowling action. Think about **cata-pulting** your arm over your head!



#### Long Barrier

The long barrier is a way of **stopping and picking up a ball**. It is used when the ball is hit **harder or on an uneven playing surface**. You need to make sure you are **in line with the ball**, be sideways to the ball and kneel down creating a barrier with no gaps. Collect the ball with fingers pointing down. The long barrier provides a better back up if you miss the ball with your hands



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#### Vertical/Straight bat Shots



A drive is what we think of for a straight bat



shot. Attempting to hit the ball in a **vertical arc through the line of the ball**. It is one of the most common shots and taught early on to juniors.

#### Horizontal/Cross bat Shots

Typically cross bat shots have a smaller chance of hitting the ball, however they are very effective when used well. The bat is swung in a **horizontal arc** and can create **a lot of power** when hitting the ball, especially for juniors.



### Key Vocabulary

Understand these key words

Word	Definition
<b>Catch</b>	Stopping a moving object without it touching the group and keeping hold of it.
<b>Short Barrier</b>	A quick way of stopping and picking up a ball
<b>Long Barrier</b>	Used to stop the ball when fielding
<b>Fielding</b>	Stopping, catching, throwing the ball, being in a ready position and getting in line with the ball.
<b>Overarm Bowl</b>	A round arm style in which the arm rotates over the head and
<b>Vertical/straight bat shots</b>	Used to drive the ball or sometimes deflect. The bat is in a vertical alignment at the point of contact.
<b>Horizontal/cross bat shots</b>	The bat is swung in a horizontal arc, with the player's head not typically being in line with the ball.
<b>Bowling Grip</b>	There are various ways to grip the ball when bowling. The most common is to place your index and middle finger either side of the seam with the thumb beneath.
<b>Seam</b>	The seam is the stitching around the ball used to help with grip and swinging the ball.

### Cricket Focus Competitions

#### The Ashes



Probably the most famous Test series, played between England and Australia.

#### World Cup/t20 World Cup



ODI round robin and knockout competition between the best teams in the world. England are the current champions. T20 WC is similar for the popular t20 format.

#### County



The first stage of professional cricket is played between counties. They play in three different competitions/formats of cricket throughout the season: County Championship, One-Day Cup and t20 Blast



#### Local

In Sussex competitive teams play in the Sussex Cricket League which is the largest league in England. Sussex run men's, women's and junior leagues and cups. Indoor leagues are also held, with our local one being ran at Davison Leisure Centre for Adults and Juniors